

JENNI MARIE'S TEST KITCHEN

www.JMtestkitchen.com

Copycat Pizza Hut Cheesy Breadsticks

Makes 16 Breadsticks

(start to finish takes approx. 3-5 hours)

Equipment Needed:

- Kitchen Scale
- Measuring Cups & Spoons
- Stand Mixer with Dough Hook Attachment
- Rubber Spatula
- 9x13 Quarter Sheet Pan
- Large Mixing Bowl
- Plastic Wrap
- Clean Kitchen Towel
- Pourable Glass Measuring Cup

Directions:

1). Gather all equipment & ingredients. Combine water, yeast, and honey in the bowl of a stand mixer and whisk to combine. Add flour, salt, and olive oil, and stir mixture with rubber spatula until most of the liquid has been absorbed. Transfer the bowl to stand mixer fitted with dough hook attachment and knead on low speed until the dough has formed. Increase speed to medium and let the hook knead dough for 10 minutes. Add 1-2 t. of flour if dough is still sticking to sides of bowl after the 5-minute mark. Once you have a smooth elastic dough ball, lightly coat in olive oil, cover with plastic wrap and let rise in a warm place for 1-2 hours. The dough should double in size.

- **1 C. (8oz./236ml.) Warm Water**
- **1.5 t. (5g.) Instant or Rapid Rise Yeast**
- **1 t. (8g.) Raw Honey**
- **2 T. (30ml.) Extra Virgin Olive Oil (high quality recommended)**
- **2.5 C. (335g.) Bread Flour (plus more if needed - AP Flour will work fine, too)**
- **1.5 t. (7g.) Kosher Salt**

TIP: for a faster rise, I warm my oven to about 90-100°F while I'm making my dough. I cut the heat and then place my dough in the warm oven proof. Just be careful, because if it's too hot it will kill your yeast.

2). Coat the quarter sheet pan with 2 T. (30g.) olive oil. When dough is finished rising, gently turn it out onto the oiled sheet pan. Flip it over so all sides are coated in oil and then gently press dough out to fit the entire pan. It may not go all the way into the corners, and that is fine. Do your best to maintain uniform thickness throughout. Cover the pan with a lid or a clean tea towel and let rise for another 60-90 minutes or until it has doubled in size (it should be about even with the top of the sheet pan (about 1" high). While dough is rising, make the dipping sauce, by following [my pizza sauce recipe](#).

- **2 T. (30ml.) Extra Virgin Olive Oil**

3). After the 2nd rise is complete, lightly oil one hand and use 3 fingertips to begin dimpling the dough, starting in the top left corner of the pan, and working straight down in a vertical line. Shift to the right and begin to dimple the next row straight down in a vertical line again. Repeat this process until all the dough is dimpled. The dough should have mostly filled in the corners after this step. Drizzle the top of the dough with 1 T. olive oil, so it settles into the dimples as much as possible. Cover and let rise for another 60-90 minutes (dough should again be about even with, or slightly taller than the rim of the sheet pan (about 1" high). While dough is rising, shred the mozzarella cheese and set aside. Combine parmesan and spices in a small bowl and set aside for the topping. Preheat oven to 450°F.

- **1 T. EVOO for Drizzling over the Dough**
- **8 oz. Freshly Grated Mozzarella (whole milk mozzarella is best, but any will do)**
- **3 T. (24g.) Grated Parmesan Cheese**
- **1 t. Low FODMAP Garlic Replacer (or 1/4 t. garlic powder)**
- **1/4 t. Dried Oregano**
- **1/4 t. Dried Basil**
- **Pinch of Salt & Pepper**



4). After the final rise, remove the cover and place dough in a 450°F oven for 10 minutes. When timer beeps, remove pan from oven, and top evenly with shredded mozzarella. Turn pan 180 degrees and bake for another 7-10 minutes until cheese is golden and bubbly. My oven takes exactly 17 minutes of total bake time, but if your oven temp isn't exact you may have to give or take a couple of minutes. Remove bread from oven and sprinkle the parmesan spice mixture all over. Carefully remove bread from pan to a cutting board, using a large metal spatula. Cut into 16 equal sticks and serve with pizza sauce for dipping. Enjoy!